

CalOptima Presents an Awareness and Education Seminar (AES) for Licensed Health Care Professionals on:

Moving from Pediatric to Adult Health Care: Helping Youth, Families and Providers Prepare for Transition

Guest Speaker:

Erika Jewell, LCSW, ACM, CHOC Children's

Erika Jewell, LCSW, ACM, has been a social work leader in healthcare for over 15 years. She has worked in primary care, hospital settings, and pediatrics. She is currently the Manager of Case Management & Social Services at CHOC Children's. Prior to that, Erika spent five years developing and implementing a Transition program (pediatric to adult care) at Miller Children's Hospital Long Beach. Erika received her bachelor's degree from University of California, Irvine and her master's in social welfare at University of California, Los Angeles.



Course Description:

This workshop is focused on transition readiness for adolescents and young adults, addressing the needs of youth, families and providers in the transition from pediatric to adult health care services. In California, transition efforts begin at age 14 and continue through age 21.

At the end of the session, participants should be able to:

- Define the differences between transition efforts and discharge planning.
- Learn barriers to a successful transition and how to effectively address them.
- Discuss health and psychosocial concerns facing adolescent and young adults during the transition period.
- Identify tools and resources to work effectively with adolescents and young adults to address developmental and cultural needs.
- Discuss strategies for working jointly with youth, family, and providers to ensure a successful transition.

Continuing Education Credits Offered

CE Accreditation Statements:

BRN — This provider has been approved by the California Board of Registered Nursing, Provider #CEP 11596 for 1.5 contact hour.

CAMFT — CalOptima is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. CalOptima maintains responsibility for this program/course and its content. Course meets the qualification for 1.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Provider #129350.

CCMC — This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.5 clock hour(s).

CHES — Approved: (1.5) Category I CECH will be provided. Provider: CalOptima, Health Education Department. MEP Provider No. CA MEP4439. Provider approved by the National Commission for Health Education Credentialing, Inc. www.nchec.org.

When:

Tuesday, March 26, 2019

Time:

12:30 p.m.–2 p.m.

Where:

CalOptima (109-N)
505 City Parkway West
Orange, CA 92868

Light refreshments will be provided. Please bring your own lunch.

Registration Required
No Fee

Space is limited! Please RSVP by **Thursday, March 21**, through the link below!

https://www.surveymonkey.com/r/Registration_AES_March_26_2019

For questions, special accommodations or to file a complaint, please call Miriam Sanchez De Lorenzo at **657-900-1038** or miriam.sanchez@caloptima.org.

CE certificates will be available to participants at the conclusion of the workshop.