



Top 10 Things You Can Do for a Successful Re-Entry into the Community

While each individual's journey will be unique, this is a list of common things to consider to help make the transition from custody to community as smooth as possible.

- 1) Find safe and stable housing.
- 2) Find a stable source of food.
- 3) Learn about transportation options and obtain stable transportation.
- 4) Gather important documents such as birth certificate, social security card, ID card or driver's license (see the "Documents Checklist" for a quick guide).
- 5) Learn if you qualify for medical coverage and CalFresh (food stamps).
- 6) Go to a One-Stop, job assistance center or employment program for resume assistance and job resources.
- 7) Resolve any child support or legal issues.
- 8) Take care of your medical needs such as prescription refills, dental, vision, physical examination, HIV/STD/Hepatitis testing and treatment.
- 9) Build a positive support system of friends, family, and other helpful people.
- 10) Attend community support meetings, such as AA, NA, Ex-Offender Re-Entry programs and/or faith community meetings.

Adapted from:

<http://www.sdcounty.ca.gov/hhsa/programs/phs/sdreentrytoolkit/PHReentryBrochure.pdf>
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